

HTREC & **VICTORY** PHYSICAL THERAPY Present...



**Saturday, October 23<sup>rd</sup>, 2021**  
**14<sup>th</sup> Annual**



**Ella Harris Park**

155 Commissioners Road  
Mullica Hill, NJ 08062

\$15 per participant

\$20 day of race

**Registration:** 7:45-8:30am


**Start Time:** 8:30am

(rain or shine)


## **5K Costume Fun Run / 1 Mile Walk**

100% OF REGISTRATION FEE will be donated to the families directly affected by the TORNADO that devastated our community in Mullica Hill.



 Awards: Overall male / top female award

Top three finishers (male/female) in the following categories:  
14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

 Awards: Best Costume - Child (14 & under) and Adult

**Questions or want to volunteer?**

Contact Vicki Walters –  
@ 856-905-8485

**Online Registration ONLY link below...**

**[www.runsignup.com/trickortrot](http://www.runsignup.com/trickortrot)**

**Costumes Encouraged ... You'll Run Faster!**