

## YOUTH GIRLS LACROSSE CLINICS

### TRAINER: Theresa Vigliotta

- Coached for the Clearview Youth Lacrosse Club from 2014-2022
- Cabrini Women's Lacrosse Defender and Team Captain
- Veteran Teacher and Youth Volunteer
- US Lacrosse Certified Coach

### CLINICS: Fun Game-Based Skills Development for Girls

- Stick Skills
- Catching and Throwing
- Ground Ball Pick-Ups
- Shooting
- Cradling
- Defending
- Game IQ



**INCLUDED: SIX SESSIONS/\$125**

**DATES: 7/18, 7/20, 7/25, 7/27, 8/1, 8/3**

**RISING 2ND AND 3RD GRADERS - 9:00-10:00**

**RISING 4TH AND 5TH GRADERS - 10:15-11:15**

**(UP TO TWO WEATHER CANCELLATIONS WILL BE RESCHEDULED FOR 8/8 AND 8/10)**

**LOCATION: PVS Rec. Field**



**REGISTER HERE.** 

**QUESTIONS CAN BE DIRECTED TO VIGLIOTTA@HOTMAIL.COM**

**\*ALL PLAYERS WILL NEED A STICK, GOGGLES, MOUTHGUARD AND WATER AT EACH SESSION IN ORDER TO PARTICIPATE!!!! NO EXCEPTIONS!!!**